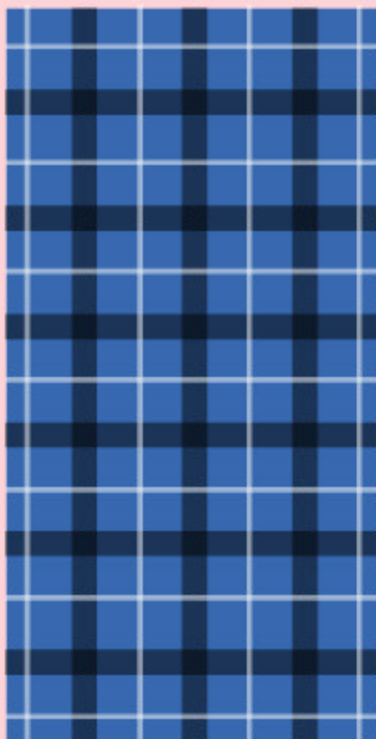


How to Wash Flannel to Sew: Hand Washing



1. Fill a container with HOT water. Be careful not to scald yourself!
2. Wash twice. For the first wash: Do not add detergent. For the second wash: Add detergent. Mix.
3. Add flannel. Mix. Let sit for a few minutes.
4. Dump water. Wring flannel until excess water is removed.
5. Fill container with HOT water again.
6. Optional: Add the fabric softener. Mix. Leave for 5 minutes, then dump water.
7. Rinse the flannel in equally HOT water as before. Wring when clean.
8. Hang to dry or use a machine dryer.